

SNDT Women's University
Department of Students' Development
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श्रीमती ना. दा. ठाकरसी महिला विद्यापीठ
विद्यार्थी विकास विभाग
पहिला मजला, पाटकर हॉल इमारत,
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Ref.No.DSD/Mental Health Week 2025-26/153.

October 07, 2025

To,
The Principals/ HODs/Directors
of Affiliated & Conducted Colleges/ Departments/Institutes
SNDT Women's University,
Mumbai-20.

Sub: About the celebration of **"World Mental Health Day"** on October 10, 2025

Dear Sir/Madam,

The Department of Psychology in collaboration with Department of Students' Development at SNDT Women's University is celebrating **"Mental Health Week"** from **06th to 10th October, 2025**.

The World Mental Health Day Celebration is scheduled on **10th October, 2025**, from 11:00 a.m. to 5:00 p.m. at Sir Sitaram and Lady Shantabai Patkar Hall, SNDTWU, Churchgate Campus. The event will include an inaugural ceremony presided by **Prof. Dr. Ujwala Chakradeo**, Hon'ble Vice-Chancellor of SNDT Women's University, followed by an interactive session with the Chief Guest, **Dr. Harish Shetty**. The afternoon session will begin with a skit, followed by a panel discussion with the Guest of Honor, **Mr. Sachin Goswami**, renowned Marathi actor, director and writer and a special guest, **Mr. Shyam Rajput**, renowned Marathi actor. The celebration will also have engaging activities organized by students such as skit, dance performance and singing.

You are requested to kindly join the celebration of **"World Mental Health Day"** with your students & staff on large scale. Your presence will enrich this Mental Health awareness Celebration. Kindly send 30 students at 10.30 am from your college for the program and kindly send the list of students along with their class and department.

Thanking you,

Yours sincerely,

Dr. Nitin S. Prabhutendolkar

Dean of Students'

Department of Students' Development