

S.N.D.T. Women's University

Department of Physical Education

Bharat Ratna Maharshi Karve Vidyavihar,
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श्रीमती ना. दा. ठाकरसी महिला विद्यापीठ

शारीरिक शिक्षक विभाग

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G-22/2023-24/34

Date:- 05/09/2023

To,
Principal

SUB:-Workshop on Yoga, 2023-24.

Respected Sir /Madam,

Department of Sports & Physical Education has arranged a special yoga workshop for yoga participants to upgrade and improve their performance. The workshop timing are 10 to 5 pm on sept 12 and 13, 2023 at Churchgate campus .

Outstation participants will stay in the hostel and local Mumbai students will come from home

Teachers are requested to send the names of the players and confirm the entry before 8th sept,2023.

Thanking you,

Yours faithfully,

Sd/-

Dr. Vilas Nandavadekar
Director of Sports & Physical Education. (Addl. Charge)