



SNDT WOMEN'S UNIVERSITY
DEPARTMENT OF PHYSICAL
EDUCATION & SPORTS

IN COLLABORATION WITH

KHEL RANG, FITNESS AND SPORTS
SCIENCE ASSOCIATION
ORGANISING

Online Workshop On Women's Health & Wellness

TOPICS

- Women's Health
- Women's Bone Health
- Women's Fitness
- Women's Nutrition
- Women's Yoga & Meditation

Registration Closes On: 26th April, 2020

Course Date: 28th to 30th April, 2020

Dr. Shraddha Naik (Convener)

Dr. Kavita Kholgade (Co-ordinator)

For Registration Visit:

http://khelrangfssa.org/online_learning

Contact

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Free Online Course For SNDT Students & Staff