

**S.N.D.T. WOMEN'S UNIVERSITY
DEPARTMENT OF PHYSICAL EDUCATION,
DEPARTMENT OF STUDENT WELFARE & NSS
&
ICYHC KAIVALYADHAM, MUMBAI
JOINTLY ORGANISED**

**3RD INTERNATIONAL DAY OF YOGA
June 21, 2017**

Time: 07.00 am

Venue : Churchgate Campus

07.00 to 08.00 am	Common Yoga Protocol Practice Sessions (in Badminton Court & Foyer)
08.00 to 08.30 am	Break
	<u>Programme in Patkar Hall</u>
08.30 to 08.35 am	University Song
08.35 to 08.40 am	Welcome address by Registrar Lightning of Lamp
08.40 to 08.45 am	Felicitation of Guests
08.45 to 08.55 am	Introduction & Overview on Yoga Shri Subodh Tiwari (CEO, Kaivalyadham Institute)
08.55 to 09.05 am	Presidential address Pro. Shashikala Wanjari, Hon'ble Madam Vice- Chancellor
09.05 to 09.35 am	Presentation & practice session on Chair Yoga Mr. Sandip Solanki, Yoga Expert.
09.35 to 09.45 am	Question & Answer Session
09.45 to 10.20 am	Speech on Mind Coolness & Yoga Mr. Rajendra Barve, Yoga Expert.
10.20 am	Vote of Thanks
10.25 am	National Anthem