



**DEPARTMENT OF STUDENTS' WELFARE &
NATIONAL SERVICE SCHEME CELL
S.N.D.T. Women's University, Mumbai**



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Ref.No.DSW-NSS/2013-14/64

December 2, 2013

To,
The Principal,
All the Colleges Conducted by and Affiliated to
SNDT Women's University
Having NSS Unit.

Dear Sir/Madam,

All the NSS Colleges are hereby informed to convey the following information regarding Self Defense Program in the following format by December 4, 2013.

FORMAT:

Sr. No	Name of org Institute	Venue of program	Date of Program	No of Participants	Contents of program

Thanking you,

Yours Faithfully,

Sd/-
(Mr. Vinod Zalte) (Dr. Nitin S. PrabhuTendolkar)
NSS Coordinator Assistant Dean of Students'

sd/-
(Dr. Linda R. Dennis)
Dean of Students' (Addl.Charge)

Encl:- NSS Regional Centre, Pune Letter

भारत सरकार
युवा कार्य एवं खेल मंत्रालय
राष्ट्रीय सेवा योजना, क्षेत्रीय केन्द्र पुणे
(महाराष्ट्र एवं गोवा)



GOVERNMENT OF INDIA
MINISTRY OF YOUTH AFFAIRS & SPORTS
NATIONAL SERVICE SCHEME
REGIONAL CENTRE - PUNE
(MAHARASHTRA & GOA)

F.No.22-2/NSS/Pune/2013-14 1070-1083

Dated : 6th November, 2013.

To
The Programme Coordinator, NSS
(As per list)

Sub. : Organization of one day "Self Defence" training programme to female NSS Volunteers – reg.

Sir/Madam,

This is to invite your attention to the subject cited and to state that a one day training programme on "Self Defence" is being organised for female NSS Volunteers by the National Service Scheme units across the states of Maharashtra in collaboration with the state Police Authorities and interested NGOs in the field.

As a first phase of the state-wide programme, it is proposed to organize training programmes for 15000 female volunteers. The following Universities will organize training for female NSS volunteers, as specified against each; drawn from various colleges under their respective jurisdictions in the last week of November/first week of December, 2013 :

S. No	Name of the University	No of Vols	S. No	Name of the University	No of Vols
1	Mumbai University	2500	7	Dr. Babasaheb Ambedkar Marathwada Uni Aurangabad	2500
2	Pune University	2500	8	Swami Ramanand Teerth Marathwada Uni Nanded	1000
3	Shivaji University	1000	9	SNDT Women's University Mumbai	1500
4	RTM Nagpur University	1000	10	Bharati Vidyapeeth, Pune	500
5	SGM Amravati University	500	11	Solapur University Solapur	1000
6	North Maharashtra University Jalgaon	500	12	Gondwana University, Gadchiroli	500

It is suggested to conduct the training programmes in batches of 100 - 150 volunteers at different places so as to enable the volunteers to attend the programme conveniently. The programme should start at 10.00 a.m and conclude at 04.00 p.m. positively.

The Programme Coordinator's Cells will provide for the working lunch and tea/snacks to the participants out of the Unspent NSS grant available with them. The colleges may be directed to depute a minimum of two volunteers each from each institution and their travelling expenses may be met out of the Regular Activities grant of the concerned institution.

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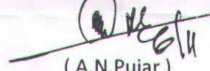
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The Training Programme will include a session on 'General sensitization on Self defence Techniques' followed by a practical training session on Self Defence.

You are requested to finalize the date(s) and venue(s) of the Programme(s) in consultation with the District Police authorities and NGOs, if any, working in the area and intimate the same to the undersigned at the earliest.

Further, a detailed report along with the batch-wise list of participants and photographs, if any, may kindly be sent to the undersigned immediately after completion of the training programmes.

Yours faithfully,


(A.N.Pujar)
Youth Officer

Copy for information to :

1. The DPA, NSS, PA Cell, 12/11 Jamnagar House, New Delhi – 110 011.
2. The State Liaison Officer, NSS, Maharashtra.